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Group Reflection: White Coat Responsibility

Derya Turk

Wayne State University, gi3477@wayne.edu

Izma Khaliq

Wayne State University, hm4502@wayne.edu

Katherine Gavagan

Wayne State University, go7028@wayne.edu

Morolayo Ilori

Wayne State University, hl6795@wayne.edu

Nabeel Sumbal

Wayne State University, fp1381@wayne.edu

See next page for additional authors

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Authors

Derya Turk, Izma Khaliq, Katherine Gavagan, Morolayo Ilori, Nabeel Sumbal, Srikanth Pillai, and Wassim Mohamad-Said

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Turk, D., Gavagan, K., Pillai, S., Sumbal, N., Ilori, M., Khaliq, I.

Yellow 45



Reflections on Articles

From the first article, '[Professional Identity Formation](#),' based on the 4 described stages, please reflect on how you anticipate your professional identity changing during your second year of medical school. What do you have to do to thrive and adapt to address professionalism with patients, peers, and administrators conflicts, as related to your white coat pocket card?"

The second article '[Are Physician White Coats Becoming Obsolete...](#),' reflect on how your white coat makes you feel, and how the white coat makes your patients feel, as related to your white coat pocket card.



Professional Identity Formation

- As a second year medical student, I am starting to feel more comfortable and accustomed with my role and responsibilities.
 - However, I also feel nervous for upcoming clinical rotations since most of my training focuses on the academic side of medicine.
- Compared to first year, medical students in the second year start to learn more about pathology and pharmacology. This allows medical students to start thinking like a physician during clinical skills, synergize, and case based learning activities.
- My professional identity also continues to develop as I am able to use my knowledge to narrow down differential diagnoses and treatment options for standardized patients in the clinical skills course.



Professional Identity Formation

- As a second year medical student, my professional identity as a future physician becomes stronger as I have more responsibilities and knowledge.
 - My professional identity is developing more as a better team leader and communicator as I provide guidance and advice to the incoming class at the school of medicine
 - For instance, at free clinics, I guide and teach the first year students when gathering the history as well as performing the physical exam.
- As a second year medical student, my professional identity as a future physician I would say is at stage 2.5, most of my work is still geared towards academic and personal accomplishments but courses like CEC help me get accustomed to working in a team setting and different diverse environments.



White Coat

- The white coat symbolizes responsibility and expertise
- As a female, the white coat strengthens my professional identity as a physician because females are more likely to be misidentified as another healthcare professional
- To patients, the white coat symbolizes medical experience and knowledge as well as respect. On the other hand, it can unintentionally make patients nervous or tense.
 - Thus, I need to create an environment that allows patients to feel comfortable.
- A white coat is a reminder to a physician's commitment to lifelong learning and service while treating patients
 - It is also a reminder of the physician's goals and accomplishments

