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## Conflict With Peer: Professionalism Conflict with Peers

Jessica Long

Wayne State University, hm5511@wayne.edu

Jovan Jande

Wayne State University, ga7228@wayne.edu

Krishni Kumaresan

Wayne State University, hn0050@wayne.edu

Mohammad Al-Hadidi

Wayne State University, gn6591@wayne.edu

Molly Dahle

Wayne State University, hk4743@wayne.edu

*See next page for additional authors*

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**Authors**

Jessica Long, Jovan Jande, Krishni Kumaresan, Mohammad Al-Hadidi, Molly Dahle, Trevor Ruesch, and Wassim Mohamad-Said

# Professionalism

## Conflict with Peers

Authors: Al-Hadidi, M; Dahle, M; Jande, J; Kumaresan, K; Long, J;  
Reusch, T

Learning Community Group: Yellow 46



## Professionalism Conflict with Peers

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After discussing it with them, a coworker takes credit for a treatment plan you spent a lot of time coming up with

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1. Ask rather than accuse your colleague about the issue
2. Discuss ways to remedy the situation and prevent it in the future
3. If continually undermined, discuss with a supervisor
4. Model good credit sharing in the future

Wayne State University School of Medicine



# Reflections

Navigating conflicts with peers is challenging because having good working relationships is critical to well functioning clinical teams. Though receiving credit may seem like a trivial issue, it is actually important because it demonstrates that you add value to a workplace and could be the difference between you receiving a promotion or not. Thus, discussion of credit taking and sharing is necessary to prevent resentment and to foster healthy relationships and boundaries with those at work. It is important to do this in a nonjudgmental or accusatory way, as this gives a colleague the opportunity to share their perspective and feelings about the matter.

