Conflict With Peer: Empathy Amongst Colleagues

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Empathy Amongst Colleagues

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Learning Community Group: Green 21
Peer constantly makes belittling comments.

Talk to peer one-on-one about how you perceived the situation and how it impacted you emotionally using direct examples.

Give time for the peer to enact change.

If action persists, involve an advisor or professor.
Reflections

In medical school, collaboration is a key component of our education. Therefore, creating an environment where all subjects opinions are heard and validated is important for growth. It is necessary to have an open dialogue where peers can discuss hurtful situations so that both parties can grow and empathize. Through situations like these, peers can learn from each other and learn to adapt—important qualities to have as a physician. Even if comments are made without intentional harm, it's important to have the skills and open mindset to reflect on behavior and prevent future peer to peer conflicts.