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Implicit Bias Mask 2023: Skills Set and Values Influence Growth Mindset

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Skills Set and Values Influence Growth Mindset

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Learning Community Group: Purple 35



List at least 6 biases

Biases:

1. Education level
2. Occupation
3. Age
4. Political Beliefs
5. Socioeconomic Status
6. Physical Capacity



List at least 6 sentences describing how the growth mindset will help your group

Growth mindset:

1. ~~It~~ We'll be mindful of barriers to education
2. We'll recognize different skill sets and value people's varying contributions to the community
3. Be mindful of experiences/opinions regardless of age.
4. We will embrace different beliefs in hopes of advancing our thinking.
5. We will allow everyone a seat @ the table
6. Communicating with respect will be our priority



List at least 6 aspects of professional identity that will help your group as a physician in training

Professional Identity Formation:

1. Asking questions
2. Respecting backgrounds / opinions
3. Lifelong learning / curiosity
4. Prioritizing accessibility
5. Constantly reflecting on our work
6. Leading w/ compassion towards patients + collaborators.



Reflection on the Project (40 words)

This was a wonderful opportunity to explicitly discuss our implicit biases and identify mechanisms to overcome them. In the future, we will remember the lessons learned through this activity as we develop into thoughtful and compassionate physicians!

