Chronic Illness Education 2023: Survey for COPD Risk Factors for Clinic Use

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Recommended Citation
Al-Juburi, Saleh; Kalaj, Alexa; Kotlure, Amrutha; Lee, Hannah; Serra, Salvatore; Taylor, Juwan; and Kaafarani, Mirna, "Chronic Illness Education 2023: Survey for COPD Risk Factors for Clinic Use" (2023). Patient Education Projects. 645.
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Survey for COPD Risk Factors for Clinic Use

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Mentor: Mirna Kaafarani (M4)

Learning Community: Red 40

Age Group: Adults (40-50 yo)

Curriculum Tie-In: Cardiopulmonary
Patient-Centered Survey to Increase Awareness About COPD

- Decision Support
  - Encourage conversations about COPD with care provider
  - Using Fletcher Diagram to provide insight on the value of smoking cessation
- Informed Activated Patient
  - Inform patients of the risk factors of COPD
  - Make patients aware of the effects outside of smoking that can contribute to the development/progression of COPD
Summary

This project provided a unique opportunity to analyze and examine the risk factors for the development of COPD outside of solely smoking history. In doing so, we encourage patients to become more self-directive in receiving care, while also learning about a critical health issue. This survey delves into the health inequities that can contribute to a plethora of conditions as they relate to the socioeconomic determinants of health. As physicians, we can utilize this method of patient self-advocacy to allow our patients to have a hand in their own care.