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Debunking Medical Myths: The Chiropractic Myth: The Dangers Of Neck Adjustment

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THE CHIROPRACTIC MYTH : THE DANGERS OF NECK ADJUSTMENT

Group Yellow 50: Carter C., Chava N., Daigle M., Gopalakrishnan P., McRoy W., and Schervish S.

NECK PAIN



22% suffer at any time in the general population, 70% suffer over a lifetime



4th leading cause of disability

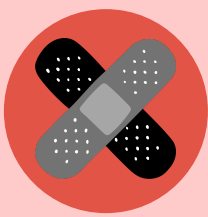


Prevalence of neck pain is higher in females than in males



Neck pain can be caused by traumatic or non-traumatic injuries

ALTERNATIVE MEDICINE FOR NECK PAIN



31% of alternate health visits are to chiropractors



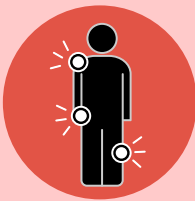
Neck pain is the 2nd most common cause for visiting a chiropractor

Myth

"Chiropractic neck adjustments are safe."

"Chiropractic neck adjustments effectively treat neck pain."

MYTH DEBUNKED : NOT SAFE/NOT EFFECTIVE



30-61% have adverse effects from chiropractic neck adjustments



Neck adjustments are associated with higher risk of stroke



One study states that in about 89% of neck pain cases, adjustments were not appropriate



Studies have shown that spinal manipulation is **NO MORE** effective than traditional medical management or mobilization therapy.

There is very little credible evidence that neck adjustments are effective at treating neck pain.

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