Debunking Medical Myths: Will Cbd Make Me High?

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Will CBD make me high?

Myth


What is CBD oil?

Cannabidiol (CBD) oil is made from hemp plants which have high levels of CBD but low levels of Tetrahydrocannabinol (THC)

Will CBD make me high?

No! Although CBD is of the same Cannabis plant as marijuana, it contains no THC, which is the psycho-active component

Benefits of CBD oil

- May improve symptoms associated with depression and anxiety
- May be beneficial in easing chronic pain and inflammation for patients with moderate to severe symptoms
- May have therapeutic effects for the treatment of various sleep disorders, including excessive daytime sleepiness and REM sleep behavior disorder
- Likely to have beneficial effects in patients with schizophrenia, specifically in the treatment of psychotic symptoms and cognitive impairments

Citations