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Debunking Medical Myths: The And Anxiety: An Unexpected Relationship

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THC and Anxiety: An Unexpected Relationship

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Brown 8

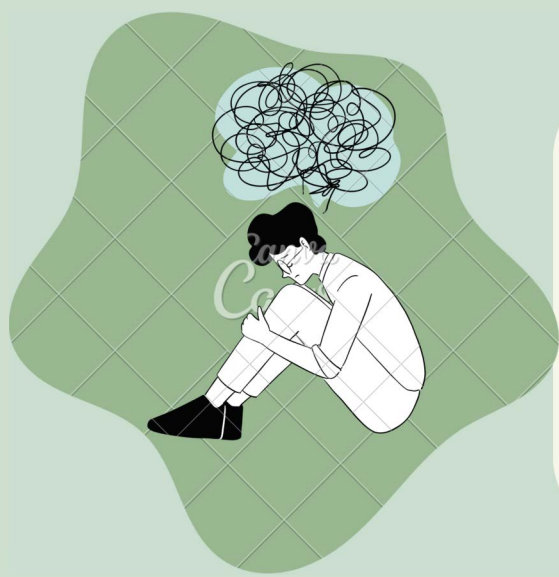


There is no concrete evidence to support the use of THC to manage anxiety disorders.

Actually, there is evidence that THC causes patients to experience or worsen anxiety, panic, paranoia and psychosis



Patients with anxiety disorders, affective disorders, and PTSD should not be recommended medical cannabis



If you've considered THC to alleviate anxiety, we highly recommend alternative treatments, such as talking to your doctor about medications approved for anxiety



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