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Implicit Bias Mask: Dreams and Nightmares

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Dreams and Nightmares

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Learning Community: Blue 4
REFLECTION: having participated in this project.

The outside of the mask:

- Anticipate to become more confident in our abilities, as the year continues, helping with professional identity
- Learning to be more compassionate

The inside of the mask:

- Reflects working out, which is key to self-care. It’s important to take care of our well-being throughout medical school
- As a group, we focus on working together and supporting each other. In order for us to persevere through challenges, it’s important to have outside support