

1-27-2023

Implicit Bias Mask: Piecing Ourselves Together

Jovan Jande

Wayne State University School of Medicine, ga7228@wayne.edu

Mohammad Al-Hadidi

Wayne State University School of Medicine, gn6591@wayne.edu

Molly Dahle

Wayne State University School of Medicine, hk4743@wayne.edu

Jessica Long

Wayne State University School of Medicine, hm5511@wayne.edu

Krishni Kumaresan

Wayne State University School of Medicine, hn0050@wayne.edu

See next page for additional authors

Follow this and additional works at: https://digitalcommons.wayne.edu/pat_edu_proj



Part of the [Curriculum and Instruction Commons](#), [Medical Education Commons](#), and the [Public Health Commons](#)

Recommended Citation

Jande, Jovan; Al-Hadidi, Mohammad; Dahle, Molly; Long, Jessica; Kumaresan, Krishni; and Ruesch, Trevor, "Implicit Bias Mask: Piecing Ourselves Together" (2023). *Patient Education Projects*. 558.

https://digitalcommons.wayne.edu/pat_edu_proj/558

This Infographic is brought to you for free and open access by the Patient Education at DigitalCommons@WayneState. It has been accepted for inclusion in Patient Education Projects by an authorized administrator of DigitalCommons@WayneState.

Authors

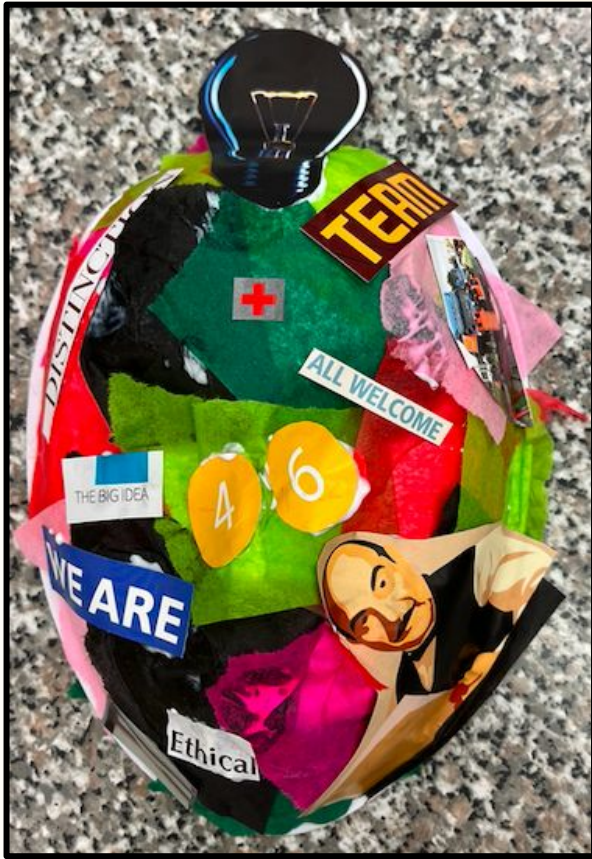
Jovan Jande, Mohammad Al-Hadidi, Molly Dahle, Jessica Long, Krishni Kumaresan, and Trevor Ruesch

Piecing Ourselves Together

Authors: Alhadidi, M., Dahle, M., Jande, J., Kumaresan, K., Long, J., Ruesch, T.

Learning Community: Yellow 46





Reflection: The Outside of the Mask

- We added a multi-colored background to the outside of our mask to represent the contributions each of us make to our shared idea of professional identity. The different colors also represent our different backgrounds, identities, and appearances that may impact how others perceive us.
- We also included images and text that we felt would be perceived by others in our interactions with them.
 - The “All Welcome” text highlighted our effort to portray ourselves as outwardly welcoming towards others.
 - The image of someone reading a book helped highlight that from an outsider’s perspective, we are very studious and spend much of our time devoted to our medical studies.
 - “WE ARE” and “TEAM” were all added because we recognize that medicine is a cooperative profession that requires lots of teamwork.
 - The lightbulb is meant to represent the adaptability and attentiveness we, as physicians, must live by.



Reflection: The Inside of the Mask

- The phrase “what does it mean to mislead” was added to demonstrate our realization of the power our words will hold in future encounters as medical students. We are concerned with misleading our future patients and communities.
- The image of an infant was added to portray the sensation our group shares of feeling inwardly unprepared to handle the expectations and responsibility given to medical students. Despite the confidence and intellectual mindset we portrayed on the outside of our mask, all of our team in some ways feel unprepared and ‘infantile’ when it comes to beginning our medical careers. As medical students others have the expectation that we have the knowledge and ability to treat and care for those in need. However, as a group we recognize the volume of knowledge we still have yet to learn and how that contrasts with the expectations of being medical students.
- During the Growth Mindset Session, we discussed how implicit biases can impact patient care. In our future medical education and careers, we may encounter patients who are wary of the healthcare system due to previous experiences with discrimination or systemic barriers in healthcare. This is why we included the quote, “How can I value a system that does not value me?” on the inside of our mask. It is important for us to be able to recognize when our own implicit biases comes into play so that we can stop it from affecting our actions before it impacts patient care.



Professional Identity Formation

- As we learn the basic sciences, develop our clinical skills, gain exposure to community health practices through our service learning, and incorporate social determinants of health into our healthcare mindset, we will completely transform our identities from first year medical students to representing ourselves as professional future physicians. We hope to adapt by utilizing a growth mindset and remaining open-minded to everything we learn.
- In order to grow professionally, we need to balance society's expectations and our responsibilities amidst the daily physical, emotional and mental challenges daily life poses. As we learn and gain exposure to more facets of medicine and professionalism, we will accrue more professional responsibility.

