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## Implicit Bias Mask: The Duality of a Physician-in-Training

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# The Duality of a Physician-in-Training

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**Learning Community:** Red 41

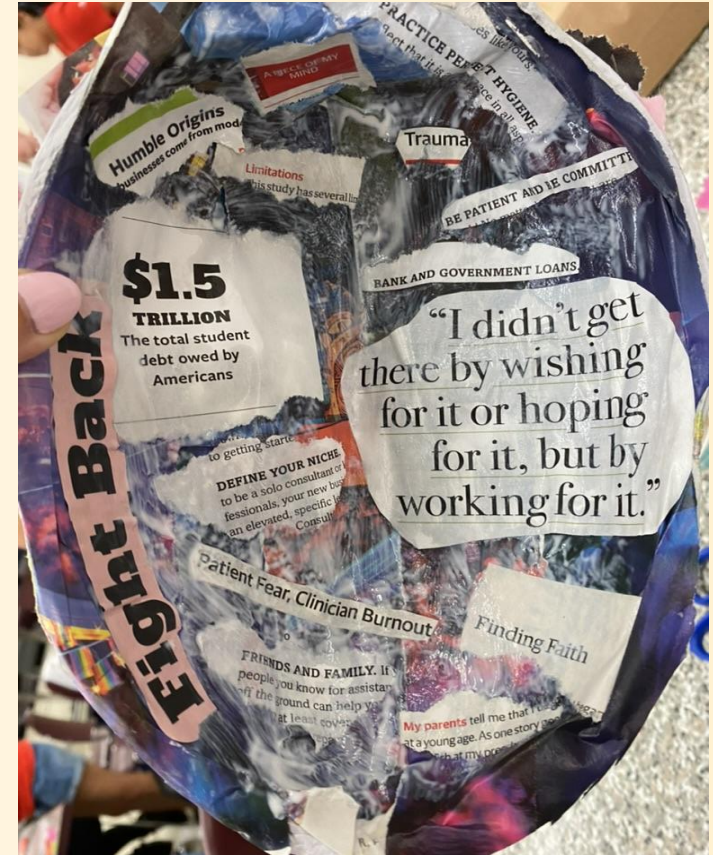




outside



inside



# REFLECTION: having participated in this project...

## The outside of the mask:

- Inherent talent - patients look towards us and trust that we have inherent talent to treat and care for their.
- You are successful in what you - patients look at us as successful individuals that have succeeded in each aspect of life.
- You have your life planned out - the community looks upon us as students that have a set life and a normalized plan each step of the way.

## The inside of the mask:

- Financial burden - as students we are concerned about financial burden and are aware that we are coming from humble origins. This is something that is on our minds, but we don't talk about much.
- Physician burnout, the community does not see the hours, labor, and shifts we take on to provide and gain education to be able to excel in our field.
- Family obligations - along with being full time students, teachers, and caregivers we have a life outside of medicine, one in which we enjoy and that makes us human.

