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Implicit Bias Mask: Diversity as Strength

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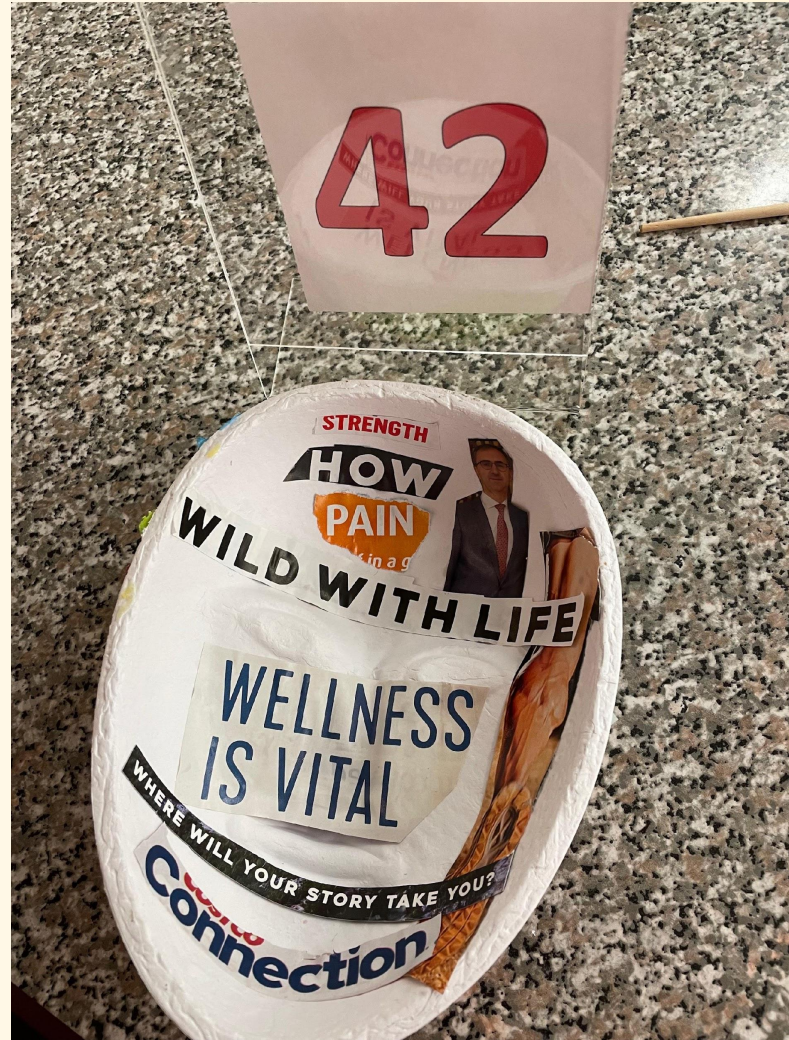
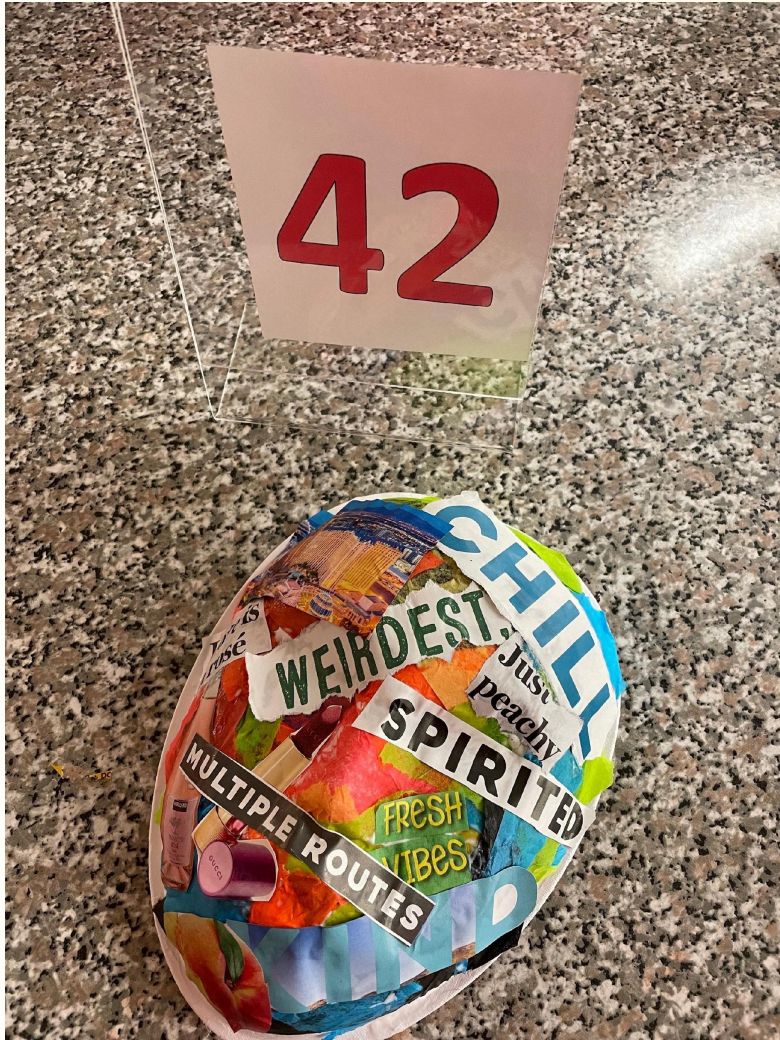
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Diversity as Strength: PIF Reflective Expression Mask Project

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Learning Community: Red 42





REFLECTION

The outside of the mask:

- Diverse range of values, from quietness to weirdness. Our backgrounds have converged upon the goal of being excellent physicians.
- Our role in the group are very diverse, from entertainment (Samy) to a reassuring presence (Isabella). Our different roles complement each other as we take on challenges such as anatomy lab.
- On the outside of our mask, we explored different aspects of our personalities, from “chill” to “spirited” to “just peachy.” We addressed our diversity of life paths by placing “multiple routes” centrally on the front of the mask.



The inside of the mask:

- On the inside of our mask, we addressed our attributes we tend to keep private, such as the idea that we all need to maintain wellness in different ways, we all strive ultimately for connection we all experience different moments of pain as well as strength, and none of us are perfect
- Included in this is the idea that we all come to medical school with implicit biases, but our diversity of life experiences and cultural backgrounds will strengthen our ability to better understand our peers and patients' perspectives.
- Conscious attitudes will change over our four years of growth and collaboration, strengthening our resolve to do good, empathetic understanding of others challenges, and belief that are equal and deserving of dignified care.
- Through collaboration with this this project, our professional identities will be further formed as grow in interpersonal skills, reliability when working on a team, and respectful communication.



“How does implicit bias by physicians affect patients' health care?”

Article Questions

Throughout our 4 years of medical school, we hope to become self-transforming professionals. Medical school is the prime time to explore our own biases and to improve as both individuals and future healthcare workers. While we may have been more independent as undergraduate students, now our paths have converged as medical students at Wayne State. Our professional identities in the 1st year will evolve into that of a member of a team rather than enduring the upcoming years of training by ourselves.

In order to thrive and adapt to changing conditions during medical school and in our future careers, we have to face circumstances with a growth mindset, humility, and a willingness to persevere and improve. Also, maintaining mental and physical health is important to face difficult circumstances with the right mindset.



Correlations between lessons learned and influence on PIF

- In undergraduate we relied more so on ourselves to succeed. However, in medical school we learned the only way to become successful academically and professionally is through learning and relying on our teammates. This method would permit for a more smooth workflow and allow us to better understand patients using a systematic approach. It would enhance the process of our professional identity formation.
- Learning from each other's perspective and mistakes would enhance our core values and beliefs which would entail honesty, altruism, respect, accountability

