

1-27-2023

Implicit Bias Mask: The Inner Us; the struggles and identities that truly make us Individuals

Curtis Mack

Wayne State University School of Medicine, gb4508@wayne.edu

Angelica Cabatu

Wayne State University School of Medicine, gg4421@wayne.edu

Era Cobani

Wayne State University School of Medicine, gh5767@wayne.edu

Carly Abrahams

Wayne State University School of Medicine, hk4729@wayne.edu

Michal Ruprecht

Wayne State University School of Medicine, hl4969@wayne.edu

See next page for additional authors

Follow this and additional works at: https://digitalcommons.wayne.edu/pat_edu_proj



Part of the [Curriculum and Instruction Commons](#), [Medical Education Commons](#), and the [Public Health Commons](#)

Recommended Citation

Mack, Curtis; Cabatu, Angelica; Cobani, Era; Abrahams, Carly; Ruprecht, Michal; and Apostolakis, Nicholas, "Implicit Bias Mask: The Inner Us; the struggles and identities that truly make us Individuals" (2023). *Patient Education Projects*. 542.

https://digitalcommons.wayne.edu/pat_edu_proj/542

This Infographic is brought to you for free and open access by the Patient Education at DigitalCommons@WayneState. It has been accepted for inclusion in Patient Education Projects by an authorized administrator of DigitalCommons@WayneState.

Authors

Curtis Mack, Angelica Cabatu, Era Cobani, Carly Abrahams, Michal Ruprecht, and Nicholas Apostolakis

The Inner Us; the struggles and identities that truly make us Individuals

Authors: Abrahams, C., Apostolakis, N., Cabatu, A., Çobani, E., Mack, C., Ruprecht, M.

Learning Community: Red 39



Outside



Inside



REFLECTION

The outside of the mask shows how we portray ourselves as hardworking medical students who are proud to be gaining a WSU SOM education. We also openly present to the world the activities we enjoy; those which make us “happy” (eating ice cream, swimming, etc.). We too present our different heritages and identities, as shown by the countries and words in our various native languages:

“Malakas” [ma-lah-kahs] means “strong”, Tagalog (Philippines)

“Mądry” [mawn-drie] means “smart”, Polish

“Përkushtim” means “determination” , Albanian

“Αξιός” [ah-ksee-ose] means “worthy” , Greek

However, the inside of our mask shows identities we choose to hide from the world, which include our non-traditional identities, our “weaknesses,” and mental illnesses. We too hide our birthdays and astrological signs, which define our personalities and quirks that we may not want to fully expose to the outer world. We do not believe that these identities fully contribute to our “professional selves,” so in turn, we keep them inside.



REFLECTION

As a group, we think our identities will dramatically change during the first year of medical school. As we interact with more patients and community members, we believe we will become more in tune with the community's gaps and needs. Also, we think that we may lose some of the unique hobbies and interests we pursued in our lives previously, as most of our time will be dedicated to medical school. We further see ourselves exposing some areas of our "inner mask" to the outside world. As we grow and mature over the next year, we believe we will be more open to showing our full selves and letting the world know we are not "perfect," as this makes us human. This notion will allow us to bond in a more in-depth way with our peers, mentors, and patients.

Our goal is to lift each other up and promote a growth mindset over the course of the year. We know maintaining a positive attitude during medical school will make it easier to cope with the various stressors of medical school.

