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Kara Klomparens Wayne State University School of Medicine, gt7911@wayne.edu

Fuad Abbas Wayne State University School of Medicine, fuadabbas@wayne.edu

Sway Lamaj University of Toledo College of Medicine and Life Science, slamaj@rockets.utoledo.edu

Naveen Rehman University of Toledo College of Medicine and Life Science, nxr195@case.edu

Richard Simman MD University of Toledo College of Medicine and Life Science, Jobst Vascular Institute, ProMedica Health Network, richard.simmanmd@promedica.org

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Hip Disarticulation in Wound Care: A Case Series

Kara Klomparens¹, Fuad Abbas¹, Sway Lamaj², Naveen Rehman², Simman R^{2,3}

1. Wayne State University School of Medicine, 42 W. Warren Ave., Detroit, Michigan 48202

2. University of Toledo, College of Medicine and Life Science, 300 Arlington Ave., Toledo, Ohio 43614

3. Jobst Vascular Institute, ProMedica Health Network, 2109 Hughes Drive, Suite 400, Toledo, Ohio 43606

Abstract

Introduction

Hip disarticulation (HD) is a radical lower extremity amputation performed by carefully transecting all muscles and nerves surrounding the hip joint and separating the leg at the joint capsule. This procedure accounts for only 0.5% of all lower extremity amputations in the United States. It is generally performed due to malignant tumors, trauma and limb ischemia. However, it also has a role to play in wound care including management of severe lower extremity infections. It is considered a last resort to be used as a life-preserving measure under emergent circumstances due to high rates of morbidity and mortality.

Cases

In this case series, we discuss four patients who underwent hip disarticulation specifically for wound care management. The procedure was performed due to various indications including necrotizing fasciitis, gangrene, stump necrosis from previous above the knee amputation and septic arthritis secondary to chronic osteomyelitis. Three of the operations were planned and one was emergent. The procedure was performed successfully in all four patients. Furthermore, all patients were eventually able to be discharged home or to a long term care facility.

Conclusion

Overall, we conclude that HD should be reserved as a life-saving treatment for various indications including infections or wounds that fail other modalities, limb ischemia, trauma and malignancy. Ideally, this procedure would be planned and done on proper candidates; however, hip disarticulation should still be a consideration in the emergent setting regardless of most optimal patients due to its life saving potential.

Key words: Hip disarticulation, amputation, wound care