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From the Editor

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FROM THE EDITOR

As the incoming editor, I have been excited by the number and type of submissions to our professional state journal. Over the past few months we have received many submissions from across the United States. It is delightful to have so many interested in writing for our state journal and to be able to provide the readership with these ideas and information. I have been pleased with the editorial board and would like to extend a heartfelt thank you to them in making the transition between editors smooth and efficient. The editorial board and I strive to provide insightful and innovative articles that our readers will find beneficial in their work with clients in diverse settings. The editorial board and I believe it is imperative to continue to provide information about issues facing counselors today. In this issue, the authors of the three articles presented provide thoughtful ideas suggestions for counselors working with these populations in the field. I believe you will find the information helpful in your work.

In the first article, Grande, Newmeyer, and Adair focus their study on the symptom differences among outpatient clients presenting with mood disorders. The authors used the SCL-90-R to determine if there are significant differences between men and women presenting with mood disorders at outpatient clinics. Grande, Newmeyer, and Adair found that gender differences in symptom presentation of mood disorders do exist but are not statistically significant.

Drs. Solmonson and Stewart present a discussion about the impact of adult ADHD symptoms on maternal parenting behaviors. In this study, the authors qualitatively examine the struggles mothers have in managing parenting skills and responsibilities. Solmonson and Stewart suggest several methods and interventions counselors may find helpful when working with mothers who experience difficulties with parenting because of adult ADHD symptoms.

Drs. House, Lynch, and Bane highlight an important issue facing counselors today: suicide prevention. Dr. House and her colleagues present an overview of a suicide prevention program used at a Northeastern university. Dr. House et al., found participants involved in the suicide prevention program were significantly more confident in their skills, more knowledgeable about working with suicidal clients, and better able to assess situations surrounding suicidal clients effectively.

Sincerely, Jennifer N. Bornsheuer-Boswell