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From the Editor

Perry Francis
Eastern Michigan University

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FROM THE EDITOR

The Michigan Counseling Association is in the midst of tremendous transformation. Divisions are shifting and merging, membership continues to go up and down in dramatic fashion, and the administrative structure is in the midst of a major overhaul. Through it all, the Michigan Journal of Counseling, Research, Theory, & Practice remains faithful to the task of reviewing and disseminating quality articles of interest to the profession. This issue is no different.

Dr. Mary Fawcett of Winona State University describes the development of her racial identity as a person, counselor and counselor educator. This provocative piece will provide you with food for thought as you examine your own racial identity development while reading about her journey.

Counseling men is a specialty within the counseling profession. While there is literature in this area, there is not as much as compared with other sub-specialties such as multicultural counseling or counseling women. Travis W. Schermer from Chathan University & East Liberty Center for Counseling provides us with a way to conceptualize masculinity through the use of traditional Chinese ideals of being a male. He offers a step by step application that can be useful in both individual and group settings.

Finally, Drs. Nancy G. Calley and Lisa D. Hawley provide us with an empirically-guided program designed to empower at-risk youth though increasing their knowledge of prevention resources concerning depression. As our youth are our future, any tools that we can provide those working with at-risk youth are much needed and greatly appreciated.

My thanks to the editorial board who worked to provide our authors with valuable feedback about their articles and Laura Hoehn, our editorial assistant, who proofed each article and the entire journal numerous times. Without their help, this journal would not be possible. Additionally I would like to welcome Dr. Colin Ward to the editorial board. I look forward to his contribution.



Perry C. Francis, Ed.D., Editor
Eastern Michigan University
Department of Leadership & Counseling
& COE Clinical Suite