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"Peace Pilgrim's Wisdom: A Very Simple Guide" Book Review

Nancy Lightbody
nlaopie@gmail.com

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Peace Pilgrim's Wisdom - A Very Simple Guide
Compiled by Cheryl Canfield

After some preliminary walks, Peace Pilgrim started walking in 1953. At the end of the first ten years she had walked over 25,000 miles and then stopped keeping track. Her mantra while walking was, "Walk until given shelter. Fast until given food." She was a vegetarian, felt that peace must start on the inside and talked to large and small groups wherever she went. Twenty-eight years were spent walking across the country with her message of peace until she passed away in 1981.

After her death, her thoughts were collected by followers and put into this book. It's suggested that you take one thought per day and think and journal about it during that day.

Her thought for the 65th day...

"I see hope in the tireless work of a few devoted souls;
I see hope in the real desire for peace in the heart of
humanity, even though the human family gropes toward
peace blindly, not knowing the way."