

8-1-2008

From the Editorial Desk

Arnold Coven
Wayne State University

Follow this and additional works at: <https://digitalcommons.wayne.edu/mijoc>

Recommended Citation

Coven, A. (2008). From the Editorial Desk, *Michigan Journal of Counseling*, 35(1), i. doi:10.22237/mijoc/1217548800

This From the Editor is brought to you for free and open access by the Open Access Journals at DigitalCommons@WayneState. It has been accepted for inclusion in *Michigan Journal of Counseling: Research, Theory and Practice* by an authorized editor of DigitalCommons@WayneState.

From the Editorial Desk



Arnold Coven, Ed.D.
Editor

Dr. Coven is an Associate Professor of Counselor Education at Wayne State University

I am the new editor of the Michigan Journal of Counseling: Research, Theory, and Practice, formerly known as Dimensions of Counseling. The co-editors are Dr. Lisa Hawley, Associate Professor of Counselor Education at Oakland University, and Dr. Dan Lawrence, School Counselor at Chippewa Valley Schools. Although the name change is to highlight the Michigan Counseling Association, efforts will continue to encourage article submission from out of state. We see our mission as publishing articles that practitioners, graduate students, and counselor educators can use in the immediate present. Thus, articles focusing on strategies, treatment interventions, and case studies will be emphasized. We will still feature scholarly work relating to research and theory. We hope to include an article from a graduate student in future issues. In order to be accessible for direct contact, my cell phone number is 248-875-3244. Contact me or the co-editors with your ideas and questions. It is our hope that we can continue the high quality level the previous editors accomplished. Please note the new editorial review board members. The first article is congruent with our practice emphasis.

The lead article, by Devika Dibya Choudhuri and Irene Mass Ametrano, examines career preparation for counselors. Career preparation for counselors is an important curriculum topic for counseling programs. Yet, often, the pedagogy for counselor career development is informal or an afterthought in counselor training. This article provides counselors guidelines on how to successfully present their skills and knowledge to employers.

The authors offer insightful techniques to assist recent graduates and current students to navigate the marketplace.

The second article, by Sandra Kakacek and Allen Ottens, from Northern Illinois University, addresses a topic unfamiliar to many, Equine Assisted Psychotherapy (EAP). The authors of this article address some of the promising aspects of human interaction with horses in the treatment of many common mental health concerns. EAP does not require that the client ride or mount the horse. The client is encouraged to interact with the horse through a series of semi-structured tasks. Animal-assisted therapy is commonplace in many nursing homes. Kakacek and Ottens succeed in expanding our perceptions of how human/animal interaction can be beneficial. Given Michigan's connection with nature and natural resources, EAP may be a treatment to explore further. Interestingly, since this article was written, EAP was featured on the front page of the most recent issue of The American Counseling Association's publication, Counseling Today (July, 2008).

Finally, we conclude with an article on Cyber Bullying by Helen M. Garinger. Cyber Bullying has become a serious concern for adolescents, parents, and school personnel, especially school counselors. The author recognizes this current problem in our society and identifies its complexities. After describing the difficulty, Garinger presents prevention and intervention strategies for counselors, adolescents, parents, and other school personnel.