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## Myth: Corticosteroids Cure COVID-19

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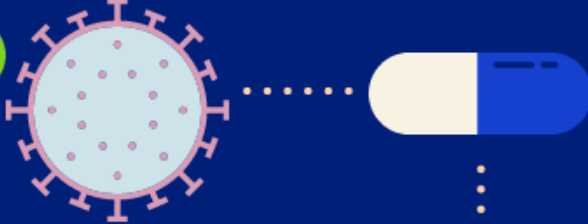
Miles Bowman, Shahryar Chaudhry, Jinhe Huang, Michaela Kearney, Abigail Kuplicki, and Tim Nold

# MYTH: CORTICOSTEROIDS CURE COVID-19

COVID-19 is a virus that presents with primarily respiratory symptoms




**1**




This **rumor** stems from:

Texan Physician, Dr. Bartlett, who treated his patients with corticosteroids, antibiotics, and Zinc




**2**



Expert Opinions:

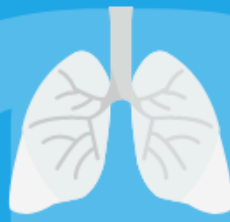
- **No studies support the myth**
- No studies have found a significant difference in patient survival between patients treated with corticosteroids and those treated without



**3**

CDC Recommends:

- Limit corticosteroid usage to severe Covid-19 patients or those that require aggressive treatment
- Corticosteroids are not a COVID-19 cure
- For most patients, corticosteroids are not a treatment



**4**

Research Shows

- **No overall benefit** of corticosteroids to COVID-19 patients who are not severely ill.
- Even in very sick patients, the benefits of corticosteroids may not outweigh the **risks**.

