Is Ibuprofen Safe For COVID-19?

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ORIGIN OF THE MYTH

In March 2020, French authorities warned against the use of ibuprofen in patients with COVID-19. Ibuprofen was thought to increase the amount of the protein that allows COVID-19 into cells.

SPREAD OF THE MYTH

This information was originally shared on Twitter by the French Health Minister. Before it was confirmed by doctors, it was spread by multiple news outlets, like CNN, the Guardian, and the Atlantic.

WHAT SCIENCE SAYS

The claims from the French Health Minister were based on opinions and theories. A study including over 400 COVID-19 patients showed that ibuprofen did not make their symptoms worse.

WHAT YOU SHOULD DO

You should always reach out to your primary care physician or your trusted health officials if you have questions. It is important to avoid following scientific fake news that has not been researched nor certified prior to changing treatment plans.

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