

3-30-2021

## Attention College Students

Tala Al-Saghir

Wayne State University School Of Medicine, fz9400@wayne.edu

Deanna Harajli

Wayne State University School Of Medicine, hc3551@wayne.edu

Anneliese Rademacher

Wayne State University School Of Medicine, gt1817@wayne.edu

Abdullah Sahyouni

Wayne State University School Of Medicine, hf3292@wayne.edu

Matthew Trendowski

Wayne State University School Of Medicine, hf3877@wayne.edu

*See next page for additional authors*

## Creative Commons License:



This work is licensed under a [No Rights Reserved](#) license.

---

### Recommended Citation

Al-Saghir, Tala; Harajli, Deanna; Rademacher, Anneliese; Sahyouni, Abdullah; Trendowski, Matthew; and Vander Woude, Thomas, "Attention College Students" (2021). *COVID-19 Medical Myth Infographics*. 24. <https://digitalcommons.wayne.edu/covidinfographics/24>

This Infographic is brought to you for free and open access by the Open Source Medicine at DigitalCommons@WayneState. It has been accepted for inclusion in COVID-19 Medical Myth Infographics by an authorized administrator of DigitalCommons@WayneState.

---

## Attention College Students

Follow this and additional works at: <https://digitalcommons.wayne.edu/covidinfographics>



Part of the [Curriculum and Instruction Commons](#), [Medical Education Commons](#), and the [Public Health Commons](#)

### Authors

Tala Al-Saghir, Deanna Harajli, Anneliese Rademacher, Abdullah Sahyouni, Matthew Trendowski, and Thomas Vander Woude

# ATTENTION COLLEGE STUDENTS



As you may have guessed from social media, COVID-19 is a big deal! Here is some useful information that can be used to keep you and your loved ones safe.

## COMMON COVID-19 MYTH

College-aged students with no pre-existing conditions are far less likely to contract COVID-19 than the general population, and those who do will develop symptoms that are no more severe than seasonal influenza.

## REALITY: COLLEGE STUDENTS ARE HIGHLY SUSCEPTIBLE TO CONTRACTING COVID-19

According to the CDC, COVID-19 incidence was highest in persons aged 20–29 years from June to August 2020, and accounted for >20% of all confirmed cases.

## REALITY: COLLEGE STUDENTS ARE OFTEN CARRIERS FOR COVID-19

College-aged students contribute to the increased likelihood of transmission to other age groups. The higher transmission rate is due to a lack of social distancing among college-aged students and their higher likelihood of transmission to others, whether pre-symptomatic or asymptomatic.

## REALITY: COLLEGE CAMPUSES ARE A HOT SPOT FOR TRANSMISSION

Infection rates have surged in college towns where restrictions have eased since students returned this fall. In fact, reopenings have led to an estimated 3,200 additional COVID-19 cases per day.

## REALITY: RISKY BEHAVIOR INCREASES RISK

A nationwide survey of American college students regarding their behavior and experiences during the COVID-19 pandemic during Spring 2020 found that college students were much more likely to engage in risky behavior, resulting in a higher incidence of transmission.

## REALITY: COVID-19 IS NOT THE FLU

Published scientific studies have revealed that the infection rate for COVID-19 is higher than seasonal influenza. Therefore, COVID-19 is a more virulent illness.

Now that you know the truth, you may be wondering how you can reduce the spread of COVID-19. The solutions are quite simple:

### 1 WEAR A MASK

Multi-layer cloth masks block release of exhaled respiratory particles that could contain COVID-19. Upwards of 80% blockage has been achieved in human experiments that have measured blocking of all respiratory droplets, with cloth masks typically performing on par with surgical masks.

### 2 WASH HANDS REGULARLY

Using soap and water for at least 20 seconds or hand sanitizer that contains at least 60% alcohol can destroy the protective layer surrounding the virus, eliminating it from your hands.

### 3 AVOID CLOSE CONTACT

That 6 feet social distancing rule you keep hearing about is actually important, and may not even be far enough. In fact, one recent study found that the transmission distance of the virus may be up to 13 feet. Bottom line: avoid close contact with people whenever possible.

