3-30-2021

Medical Myth: Do Dietary Supplements Treat COVID-19?

Matthew Bautista
Wayne State University School Of Medicine, gs7865@wayne.edu

Paige Hammis
Wayne State University School Of Medicine, he2220@wayne.edu

Benjamin Huber
Wayne State University School Of Medicine, ga7223@wayne.edu

Sarah Kelly
Wayne State University School Of Medicine, fo6617@wayne.edu

Luz Nagle
Wayne State University School Of Medicine, hf4749@wayne.edu

See next page for additional authors

Creative Commons License:

This work is licensed under a No Rights Reserved license.

Recommended Citation

https://digitalcommons.wayne.edu/covidinfographics/14

This Infographic is brought to you for free and open access by the Open Source Medicine at DigitalCommons@WayneState. It has been accepted for inclusion in COVID-19 Medical Myth Infographics by an authorized administrator of DigitalCommons@WayneState.
Medical Myth: Do Dietary Supplements Treat COVID-19?

Follow this and additional works at: https://digitalcommons.wayne.edu/covidinfographics

Part of the Curriculum and Instruction Commons, Medical Education Commons, and the Public Health Commons

Authors
Matthew Bautista, Paige Hammis, Benjamin Huber, Sarah Kelly, Luz Nagle, and Nathan Sim
**MEDICAL MYTH**

**DO DIETARY SUPPLEMENTS TREAT COVID-19?**

**NO EVIDENCE**
There is no evidence to show that zinc and colloidal silver treat patients with COVID-19.

**MORE RESEARCH NEEDED**
Zinc and colloidal silver can boost immunity, but more research is needed to assess their effectiveness in prevention or treatment of COVID-19.

**EXCESS VITAMINS**
Excess vitamin and supplement intake can cause severe and potentially life-threatening toxicity.

**FOR NOW, YOU SHOULD....**

**WEAR YOUR MASK**
Wearing masks helps prevent the spread of COVID-19.

**PRACTICE SOCIAL DISTANCING**
Practice social distancing by staying six feet apart when out in public.

**WASH YOUR HANDS**
Wash your hands frequently with soap and water for 20 seconds.

Bautista, M., Hammis, P., Huber, B., Kelly, S., Nagle, L., Sim, N., Wayne State University School of Medicine, 2020