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Medical Myth: Do Dietary Supplements Treat COVID-19?

Matthew Bautista

Wayne State University School Of Medicine, gs7865@wayne.edu

Paige Hammis

Wayne State University School Of Medicine, he2220@wayne.edu

Benjamin Huber

Wayne State University School Of Medicine, ga7223@wayne.edu

Sarah Kelly

Wayne State University School Of Medicine, fo6617@wayne.edu

Luz Nagle

Wayne State University School Of Medicine, hf4749@wayne.edu

See next page for additional authors

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Authors

Matthew Bautista, Paige Hammis, Benjamin Huber, Sarah Kelly, Luz Nagle, and Nathan Sim

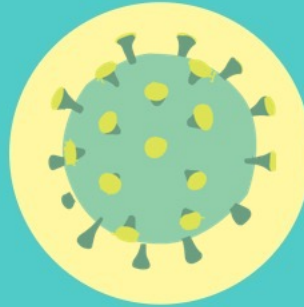
MEDICAL MYTH

DO DIETARY SUPPLEMENTS TREAT COVID-19?



NO EVIDENCE

There is **no evidence** to show that zinc and colloidal silver treat patients with COVID-19



MORE RESEARCH NEEDED

Zinc and colloidal silver can boost immunity, but **more research is needed** to assess their effectiveness in prevention or treatment of COVID-19



EXCESS VITAMINS

Excess vitamin and supplement intake can cause severe and potentially life-threatening toxicity

FOR NOW, YOU SHOULD....



WEAR YOUR MASK

Wearing masks helps prevent the spread of COVID-19



PRACTICE SOCIAL DISTANCING

Practice social distancing by staying **six feet apart** when out in public



WASH YOUR HANDS

Wash your hands frequently with **soap and water** for 20 seconds