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From the Editorial Desk

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Devika Dibya Choudhuri, PhD
Editor

This is to introduce myself as the new editor of *Dimensions of Counseling* as Dr. Suzanne Hobson moves into her busy role as the President of MCA. I am a faculty member in the Department of Leadership and Counseling at Eastern Michigan University, with a specialization in multicultural counseling. I look forward to building on the excellent foundations that have made this journal a winner two years running in the American Counseling Association Best Journal, Large Branch award category.

While continuing to accept manuscripts that describe new research and theory, I also hope to receive more material from practitioners, such as case studies, strategies, and treatment interventions that are of direct relevance to practitioners.

This issue of the journal seeks to cover the research, theory, and practice dimensions of our profession. The lead article, by Dr. Jina S. Yoon and Rochelle M. Broader, is an exploration of social skills interventions, reviewing empirical research findings on the two forms of aggression (reactive aggression and proactive aggression) and proposing more individually tailored interventions as a way to improve efficacy. The implications have direct relevance for both further research in this area, as well as interventions for school counselors.

The second article addresses an emerging issue in counseling, of collaborations between counseling and holistic alternative medical approaches. Dr. Cheryl M. Milde and Dr. Diane Dempsey Marr describe the alternative medical model of naturopathy, and examine counselors' collaboration with an alternative medical model with regard to professional counselor practice, training, and ethics.

This issue's third article describes a research project investigating the extent to which acculturation and generational status affect the ethnocultural and psychosocial adaptation of Mexican-American adolescents. In this article, Dr. Darrell W. Stolle and Dr. William E. Martin, Jr. describe the study, discuss the results in terms of implications for further research and theory, and offer practical suggestions for school personnel who work with such adolescents.

Finally, we conclude with an In the Field article, by Dr. Paul Lavin, describing the treatment intervention of cognitive restructuring as an effective strategy in working with children with Attention Deficit Hyperactivity Disorder. This article is a practice-based model, rooted in research, that describes in detail the process and outcome of such an approach in developing a healthy internal locus of control among such children.

Devika Dibya Choudhuri, Ph.D., is an Assistant Professor in the Department of Leadership and Counseling at Eastern Michigan University and is the Editor of Dimensions of Counseling: Research, Theory and Practice.

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