COVID-19 Is Not A Game

Caroline Grubbs
Wayne State University School Of Medicine, hf4553@wayne.edu

Cullen Hudson
Wayne State University School Of Medicine, fp1461@wayne.edu

Cynthia Matos Molina
Wayne State University School Of Medicine, hf1955@wayne.edu

Bobak Ossareh
Wayne State University School Of Medicine, ft8702@wayne.edu

Narmeen Rehman
Wayne State University School Of Medicine, fw0599@wayne.edu

See next page for additional authors

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Recommended Citation
Grubbs, Caroline; Hudson, Cullen; Matos Molina, Cynthia; Ossareh, Bobak; Rehman, Narmeen; and Taye, Kalemelekot, "COVID-19 Is Not A Game" (2021). COVID-19 Medical Myth Infographics. 5. https://digitalcommons.wayne.edu/covidinfographics/5

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Authors
Caroline Grubbs, Cullen Hudson, Cynthia Matos Molina, Bobak Ossareh, Narmeen Rehman, and Kalemelekot Taye
COVID-19 IS NOT A GAME

Young people are the largest spreaders of COVID-19.

Here are 3 common misunderstandings about COVID-19 in young people

**STRIKE 1**

**Social bubbles are bigger than we think they are**

1 infected person can pass COVID-19 to 3 people.

So what?
If each of them passes it to 3 people, who pass it on to 3 more, and so on for 2 months, it can cause a snowball effect that can cause up to 59,000 infections.

This means putting many families, friends, and loved ones at risk.

**STRIKE 2**

**Thinking in the short term**

The more you socialize with large groups of people now, the longer & more strict COVID-19 shutdowns will get.

Forced isolations can be avoided if we make an effort to limit our social contacts and use appropriate precautions around others.

**STRIKE 3**

**COVID-19 can put you in the hospital more often than you think**

1 in 20 young adults infected by COVID-19 need to be hospitalized. No one wants to be on a ventilator or stuck with a huge hospital bill. It can also cause long-lasting health effects that bring you to the hospital later in life.

**Life-long effects can include:**
- Damage to your lungs, heart, and brain
- Brain fog & memory loss
- Achy joints

Don’t strike out! Let’s knock Coronavirus out of the park together.

Stay home, wear a mask, & check out CDC.gov/coronavirus for more information