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# Latent Variable Model for Weight Gain Prevention Data with Informative Intermittent Missingness

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Missing data is a common problem in longitudinal studies because of the characteristics of repeated measurements. Herein is proposed a latent variable model for nonignorable intermittent missing data in which the latent variables are used as random effects in modeling and link longitudinal responses and missingness process. In this methodology, the latent variables are assumed to be normally distributed with zero-mean, and the values of variance-covariance are calculated through maximum likelihood estimations. Parameter estimates and standard errors of the proposed method are compared with the mixed model and the complete-case analysis in the simulations and the application to the weight gain prevention among women (WGPW) data set. In the simulation results with respect to bias, mean squared error, and coverage of confidence interval, the proposed model performs better than the other two methods in different scenarios. Relatively, the proposed latent variable model and the mixed model do a better job for between-subject effects compared to within-subject effects. The converse is true for the complete case analysis. The simulation results also provide support for application of this proposed latent variable model to the WGPW data set.

*Keywords:* Latent variable, longitudinal study, non-ignorable missing data, weight gain prevention

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## Introduction

Missing data is a common issue encountered in the analysis of longitudinal data. In the behavioral intervention setting, missed visits and/or losing to follow up can be extremely problematic. In this area, missed visits are assumed to be a result of

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## LATENT VARIABLE MODEL IN OBESITY DATA

failure of the intervention, sustained lack of interest in the study, or decreased desire to change the behavior (Qin et al., 2009). For weight loss studies, these are common issues that must be dealt with at the data analysis phase. For example, Levine et al. (2007) conducted a weight gain prevention study among women (WGPW) aged 25 to 45 years old. Participants were assessed for BMI (Body Mass Index) at baseline, year one, two and three. However, the outcomes at follow-ups for some women were missing. Because the missing data might be related to their unobserved BMIs, they were considered as nonignorable, informative, or missing not at random (MNAR) (Rubin, 1976).

To account for informative missingness, a number of model-based approaches were proposed to jointly model the longitudinal outcome and the missingness mechanism. The methodology adopted here is motivated by latent pattern mixture models (Lin, McCulloch, & Rosenheck, 2004) and latent dropout class models (Roy, 2003). In latent pattern mixture models, the mixture patterns are formed from latent classes that link the longitudinal responses and the missingness process. A non-iterative approach has been proposed, to assess the assumption of the conditional independence between the longitudinal outcomes and the missingness process given the latent classes (Lin et al., 2004). Roy (2003) noted the idea of pattern-mixture models (e.g., Little, 1993) is not appropriate in many circumstances, because there are many reasons for missingness and subjects with the same missingness pattern may not share a common distribution. Roy (2003) assumed the existence of a small number of dropout classes behind the observed dropout times. But for Roy (2003)'s method, it is difficult to decide the number of latent classes ahead of the analysis. It also leads to misclassification because it is difficult to divide subjects into classes due to the variety of reasons for missingness. Some subjects may not belong to any latent classes. So it is reasonable and straightforward to propose a latent variable model in which the latent variable is unobserved and continuous.

The WGPW study data (Levine et al., 2007) provides motivation to adopt the latent pattern mixture model methodology. In this trial, interventions were compared with a control group in preventing weight gain among normal or overweight women. 190 women were randomized to clinic-based group intervention and information-only control condition. For women randomized to the interventions, treatment was provided over a two-year period, with a follow-up at year three. All women participated in yearly assessment. The primary outcome of interest was body mass index (BMI) calculated from weight assessed yearly and height at baseline. Overall, 81%, 76% and 36% completed a weight assessment at year one, two and three, respectively. The reasons for this

incompleteness may be related to their unobserved outcomes. To avoid biased estimations, possible dependence of missingness status on unobserved responses has to be considered.

A latent variable model is proposed for informative intermittent missingness, developed from Henderson, Diggle, and Dobson's (2000) joint modeling of longitudinal measurements and event time data. In the proposed model, longitudinal process and missing data process are linked through a latent bivariate Gaussian process  $\mathbf{W}(t) = \{W_1(t), W_2(t)\}$ . An assumption of this latent variable model is that the longitudinal measurements and missing data process are conditional independent given  $\mathbf{W}(t)$ . This assumption simplifies likelihood function. It also increases the strength of the relationship between the missing data process and underlying true outcome process determined by the correlation between  $W_1(t)$  and  $W_2(t)$ .

The proposed latent variable model and the parameter estimation is described in next section. A simulation study is carried out in the following section, to compare the performance of the latent variable model with mixed model and complete-case analysis. The proposed model is then applied to the WGPW data (Levine et al., 2007) and compared with the mixed model and complete-case analysis, and the assessment of fit of the model is treated. A discussion is provided in the last section.

## Model specification and estimation

Assume the proposed latent variable model is present for the full data. Denoting a normally distributed continuous response variable measured on the  $i^{\text{th}}$  subject at the  $j^{\text{th}}$  occasion as  $Y_{ij}$  ( $i = 1, \dots, N$ ;  $j = 1, \dots, K$ ), the  $K$  intended responses are collected into a vector  $\mathbf{Y}_i = (Y_{i1}, \dots, Y_{iK})$  if there is no missing data.

For various reasons, not all subjects have all  $K$  measurements. Here the baseline measure  $Y_{i1}$  is assumed to be observed for every individual. When missingness process occurs as a result of dropout, the response  $Y_{ij}$  for subject  $i$  is only observed at time points  $j = 1, \dots, k_i$ ; where  $k_i \leq K$ . But if the data are subject to intermittent missingness, before time point  $k_i$ , there may be additional missing measurements. A missingness indicator,  $R_{ij}$ , is used for each of the  $K$  measurements, with 1 if  $Y_{ij}$  is missing and 0 if  $Y_{ij}$  is observed.

In the following, random-effect models are briefly described for the separate analysis of longitudinal data and missingness procedure, and the joint model via a latent zero-mean bivariate Gaussian process.

### Longitudinal Responses

The sequence of longitudinal measurements  $Y_{i1}, Y_{i2}, \dots, Y_{iK}$  for the  $i^{\text{th}}$  subject at times  $t_{i1}, t_{i2}, \dots, t_{iK}$  is modeled as

$$Y_{ij} = \beta^T x_{ij} + W_{1i}(t_{ij}) + \varepsilon_{ij},$$

where  $\beta^T x_{ij} = \mu_{ij}$  is the mean response in which the vector  $\beta$  and  $x_{ij}$  represent possibly time-varying explanatory variables and their corresponding regression coefficients, respectively;  $W_{1i}(t_{ij})$  incorporates subject-specific random effects; and  $\varepsilon_{ij} \sim N(0, \sigma_\varepsilon^2)$  is a sequence of mutually independent measurement errors corresponding to  $Y_{ij}$ . The  $W_{1i}(t_{ij})$  can be viewed as the actual individual variability of outcome trajectories after they have been adjusted for the overall mean trajectory and other fixed effects.

### Missing Data Procedures

Here  $R_{ij} = 1$  is defined as  $Y_{ij}$  being missing, and  $R_{ij} = 0$  as  $Y_{ij}$  being observed. Letting  $\phi_{ij}$  denote the probability of  $R_{ij} = 1$ , the logistic model for  $\phi_{ij}$  is specified as

$$\log \frac{\phi_{ij}}{1 - \phi_{ij}} = \alpha^T z_{ij} + W_{2i}(t_{ij}).$$

where  $\alpha$  is a vector of log odds ratios corresponding to  $z_{ij}$ ;  $z_{ij}$  is a vector of covariates specific to the missingness process for subject  $i$ ; and  $W_{2i}(t_{ij})$  represents random effect.

### Latent Variable Model

The dependence between the missingness process and longitudinal responses is characterized by sharing a common random effect vector for the  $i^{\text{th}}$  subject, say  $(W_{1i}, W_{2i})^T$ , which is independent across different subjects. Thus, the stochastic dependence between  $W_{1i}$  and  $W_{2i}$  is critical. It is referred as latent association. Before specifying  $(W_{1i}, W_{2i})^T$ , the pair of latent variables  $(U_{1i}, U_{2i})^T$  are defined with a mean-zero bivariate Gaussian distribution  $N(0, \Sigma)$  (Henderson et al., 2000). The  $(W_{1i}, W_{2i})^T$  are then modeled as

$$W_{1i}(s) = U_{1i} + U_{2i}s,$$

$$W_{2i}(t) = \lambda_1 U_{1i} + \lambda_2 U_{2i}t$$

Both  $W_{1i}$  and  $W_{2i}$  are represented as random intercept and slope terms;  $s$  and  $t$  are possibly time-varying explanatory variables;  $\lambda_1$  and  $\lambda_2$  are the parameters measuring the association between  $W_{1i}$  and  $W_{2i}$ , that is, the association between longitudinal and missing data processes induced through the intercept, slope and current  $W_1$  value. The derivatives of  $W_{2i}$  are as follows:

$$\begin{aligned} W_{2i}(t) &= \lambda_1 U_{1i} + \lambda_2 U_{2i}t \\ &= \gamma_1 U_{1i} + \gamma_2 U_{2i}t + \gamma_3(U_{1i} + U_{2i}t) \\ &= \gamma_1 U_{1i} + \gamma_2 U_{2i}t + \gamma_3 W_{1i}(t), \end{aligned}$$

where  $\lambda_1 = \gamma_1 + \gamma_3$  and  $\lambda_2 = \gamma_2 + \gamma_3$ .

In this way, the traditional Laird-Ware random effects models are combined with a proportionality assumption  $W_{2i}(t) \propto W_{1i}(t)$ . A simple case of this assumption is  $W_{2i}(t) = W_{1i}(t)$ , in which  $\gamma_1 = \gamma_2 = 0$  and  $\gamma_3 = 1$ . The proportionality assumption allows us to consider more complicated situations in which the association between longitudinal and missing data processes is described in terms of the intercept and slope. In other words, the impact of underlying random effect structure differences between the longitudinal and missing data processes can be assessed. The fixed effects in sub-models mentioned earlier in this section,  $x_{ij}$  and  $z_{ij}$ , may or may not correspond to the same covariates. Actually, the dependence between  $Y_{ij}$  and  $\varphi_{ij}$  may arise in two ways: through the common fixed effects or through stochastic dependence between  $W_{1i}$  and  $W_{2i}$ . Even if  $W_{1i}$  and  $W_{2i}$  are independent, the longitudinal and missing data processes still could be associated through the common fixed effects.

### Estimation

Let  $y_i$ ,  $y_i^c$  and  $y_i^m$  denote the vector of observed, complete and missing longitudinal responses for the  $i^{\text{th}}$  subject. Let  $\psi^T = (\beta^T, \alpha^T, \gamma^T)$  represent the set of parameters of interests; the observed log-likelihood for the joint model is

$$\begin{aligned} \log L(y; y, j, W | x, z) &= \sum_{i=1}^N \int \left[ \log L(b; y_i^c | x_i, j_i, W_i) + \log L(a; j_i | z_i, W_i) + \log L(g; W_i) \right] dy_i^m \\ &= \sum_{i=1}^N \left[ \log L(b; y_i | x_i, W_i) + \log L(a; j_i | z_i, W_i) + \log L(g; W_i) \right] \end{aligned}$$

where

## LATENT VARIABLE MODEL IN OBESITY DATA

$$\begin{aligned} \log L(b; y_i | x_i, W_i) &= -\left(\frac{1}{2}\right) \left[ \log(2\rho) + \log(S_e^2 + S_{11}) \right. \\ &\quad \left. + (S_e^2 + S_{11})^{-1} (y_i - b^T x_i - W_{1i})^T (y_i - b^T x_i - W_{1i}) \right], \\ \log L(a; j_i | z_i, W_i) &= \sum_{j=1}^K R_{ij} \log j_{ij} = \sum_{j=1}^K R_{ij} (a^T z_{ij} + W_{2i}) - \log \left\{ \sum_{j=1}^K \exp(a^T z_{ij} + W_{2i}) \right\}, \\ \log L(g; W_i) &= -\left(\frac{1}{2}\right) \left[ \log(2\rho)^2 + \log|S| + (W_i - m_i)^T S^{-1} (W_i - m_i) \right]. \end{aligned}$$

$$m_i = \begin{pmatrix} U_{1i} + U_{2i}s \\ I_1 U_{1i} + I_2 U_{2i}t \end{pmatrix}$$

is the mean vector for  $W_i$ . Here let

$$\log L(b; y_i | x_i, j_i, W_i) = \log L(b; y_i | x_i, W_i),$$

that is, given the latent variables  $W_i$ , the outcome  $Y_i$  is independent of the missingness  $\phi_i$ . This is an important assumption which reduces the mathematical complexity for estimation. Because  $\phi_i$  affects  $y_i$  through  $W_i$ , the missingness is not ignored in the maximum likelihood inference.

The maximum likelihood estimation of the joint model is obtained by the quasi-Newton method, in which the latent variables are estimated by empirical Bayes and standard errors are estimated using the delta method. Because the likelihood equations for the  $L(\alpha; \phi_i | z_i, W_i)$  are non-linear (from logistic regression) and do not have closed form maximizers, which may lead to some maximization algorithms having difficulty converging, a modified quasi-Newton algorithm is used for maximizing the likelihood. For example, the current estimate of  $\psi$  is updated by

$$y^{(k+1)} = y^{(k)} - a^{(k)} \left\{ \frac{\partial^2 l(y)}{\partial y \partial y^T} \right\}^{-1} \frac{\partial l(y)}{\partial y}$$

where  $l(\psi) = \log L(\psi; y, \phi, W | x, z)$ , and  $a(k)$  is a small constant with values between 0 and 1. Generally,  $a(k)$  starts from very small (e.g., 0.01) toward 1 as  $k$  increases. The above algorithm may be repeated for different starting values of  $\psi$

to make sure that it will converge to a global maximum. Here, the starting values are chosen from the estimates of complete-case analysis.

### Sensitivity Analysis

The proposed method assumes that the distribution of the longitudinal responses (both observed and missing) does not depend on the missingness procedure after conditioning to latent zero-mean bivariate Gaussian process. This conditional independence assumption is strong, and neither it nor the missing not at random assumption can be tested just using the observed data. The sensitivity analyses will be considered for these assumptions by comparing the new model with commonly used mixed model and complete-case analysis in the simulation and data analysis sections. Results by the proposed method will be reported with different latent processes  $W_1(s)$  and  $W_2(t)$ . Akaike's information criterion (AIC) (Akaike, 1981) and the Bayesian information criteria (BIC) (Schwartz, 1978) will be used to assess model fit. It must be kept in mind that the unobserved outcomes cannot be checked in any sensitivity analyses.

### Simulation study

A small simulation study was carried out to compare the performance of the latent variable model with mixed model under MAR assumption and complete-case analysis that discards subjects with missing observations. The data sets were generated by considering two aspects: the complete data structure with outcomes and observable independent variables; and the missingness structure.

Complete data is generated with  $N = 200$  subjects with  $J = 4$  time points. It is assumed that there are 2 treatment groups with an equal number of subjects in each group. The following specifications for the longitudinal component are assumed: intercept =  $-0.5$ ; treatment ( $T_x$ ) =  $1.0$ ; time 2 vs. time 1 ( $T_2 - T_1$ ) =  $0.5$ ; time 3 vs. time 1 ( $T_3 - T_1$ ) =  $1.0$ ; time 4 vs. time 1 ( $T_4 - T_1$ ) =  $1.5$ . Consequently the mean of the dependent variable  $Y_{ij}$  can be written as:

$$E(Y_{ij}) = \beta_0 + \beta_1 T_x + \beta_2 (T_2 - T_1) + \beta_3 (T_3 - T_1) + \beta_4 (T_4 - T_1)$$

where  $\beta_0 = -0.5$ ,  $\beta_1 = 1.0$ ,  $\beta_2 = 0.5$ ,  $\beta_3 = 1.0$ , and  $\beta_4 = 1.5$  as defined above.  $T_x$  is the variable for treatment groups with values of 0 or 1;  $(T_2 - T_1) = 1$  if  $Y_{ij}$  is observed at time point 2, 0 otherwise;  $(T_3 - T_1)$  and  $(T_4 - T_1)$  are defined similarly with a value of 1 if  $Y_{ij}$  is observed at time point 3 or 4 and a value of 0 otherwise.



## LATENT VARIABLE MODEL IN OBESITY DATA

The error term of outcomes  $Y_i$  follows a compound symmetry structure, with variance 1 and covariance 0.5.

For missingness component, the assumption of missing not at random (MNAR) will be followed directly: that is, the missingness depends on the unobserved variables. Here let missingness procedure follow a logistic regression with an intercept and current unobserved response as the only covariate. Specifications are assumed as: intercept ( $\alpha_0$ ) = -3.0 and log odds ratio for the current unobserved response ( $\alpha_1$ ) = 1.5, 1.0 or 0.5. That is:

$$\log \frac{j_{ij}}{1-j_{ij}} = a_0 + a_1 y_{ij}.$$

The summary measures for a parameter estimate include: a) mean bias: the mean difference of a sample estimate from the true parameter average over iterations of a simulation run; b) mean squared error: the mean of the squared deviation of a sample estimate from the true parameter averaged over iterations of a simulation run; and c) the coverage of nominal 95% confidence intervals, obtained by computing the percentage of iterations for which the corresponding nominal 95% confidence interval included the true parameter (Ten Have, Kunselman, Pulkstenis, & Landis, 1998). Data are generated 1000 times under each scenario for the proposed model (latent variable model, LVM), a mixed model (MM) for all available data, and a mixed model that discards the missed observations, that is, a complete-case analysis (CC).

The simulation results are presented in Table 1. When missingness strongly depends on the unobserved outcomes ( $\alpha_1 = 1.5$ ), the time effects ( $T_2 - T_1$ ,  $T_3 - T_1$ , and  $T_4 - T_1$ ) are underestimated (negative bias) and coverage of 95% confidence interval is poor under the mixed model. For complete-case analysis, the between-subject effect (Intercept and Tx) estimates and confidence interval coverage do not exhibit good properties, though the mixed model displays just the opposite, that is, it is accurate in the between-subject effect estimates but not in the within-subject effect (time effect) estimates. For the proposed method, both within- and between-subject inference are accurate even under the strong dependence on the unobserved outcomes except for the effect of ( $T_4 - T_1$ ), which is due to the small number of observations at  $T_4$ .

**Table 1.** Simulation results: mean bias and mean squared error (MSE) for the three models (latent variable model (LVM), mixed model (MM) and complete case analysis (CC)).

Statistic	Variable	$\alpha_1 = 1.5$			$\alpha_1 = 1.0$			$\alpha_1 = 0.5$		
		LVM	MM	CC	LVM	MM	CC	LVM	MM	CC
% Bias	Intercept	-1.46	-3.42	-28.88	-1.41	-1.30	-17.59	-1.49	-1.66	-6.73
	Tx	-11.19	-15.23	-33.13	-5.50	-8.09	-17.18	-1.12	-1.94	-4.73
	$T_2 - T_1$	-3.72	-4.48	-0.92	-0.91	-1.43	-0.56	0.03	0.12	-0.24
	$T_3 - T_1$	-8.48	-11.49	-5.88	-3.74	-4.84	-3.70	-0.15	-1.06	-1.44
	$T_4 - T_1$	-14.78	-18.73	-10.14	-5.02	-6.27	-3.50	0.67	0.60	0.37
% Mean Squared Error	Intercept	0.70	0.87	9.77	0.63	0.65	3.90	0.82	0.78	1.32
	Tx	2.40	3.39	13.42	1.22	1.71	4.55	1.20	1.15	1.77
	$T_2 - T_1$	0.75	0.84	0.98	0.68	0.66	0.63	0.50	0.46	0.46
	$T_3 - T_1$	1.12	1.82	1.41	0.63	0.77	0.68	0.50	0.52	0.44
	$T_4 - T_1$	2.81	4.08	2.01	0.73	0.88	0.82	0.48	0.47	0.50
Coverage of 95% CI	Intercept	0.94	0.92	0.21	0.97	0.97	0.63	0.95	0.95	0.92
	Tx	0.81	0.73	0.42	0.93	0.90	0.78	0.96	0.95	0.95
	$T_2 - T_1$	0.90	0.87	0.95	0.92	0.92	0.99	0.93	0.97	0.97
	$T_3 - T_1$	0.86	0.73	0.91	0.93	0.89	0.97	0.96	0.96	0.99
	$T_4 - T_1$	0.60	0.37	0.88	0.95	0.94	0.97	0.97	0.99	0.97

## Application to WGPW data

### Data description and model specifications

The proposed latent variable model is applied to an actual data set to illustrate its features and explore issues involved with its implementation. The sensitivity of inference to the model assumption and constraints in model formulation are also considered.

To illustrate the method, a subset of data from a study involving weight gain prevention in women (WGPW) is used. This trial was conducted in the Department of Psychiatry at the University of Pittsburgh Medical Center (Levine et al., 2007), and involved 25- to 45-year-old women at risk for weight gain and future obesity. The primary aim of the trial was to compare the relative efficacy of three approaches to weight gain prevention: a clinic-based group intervention, a mailed, correspondence intervention and an information-only control group. The measurements were taken at baseline, year 1, year 2 and year 3.

For the analysis, 190 women with complete baseline data are focused on and randomized into the clinic-based group and the control group. Women randomized to the clinic-based intervention group were required to attend 15

## LATENT VARIABLE MODEL IN OBESITY DATA

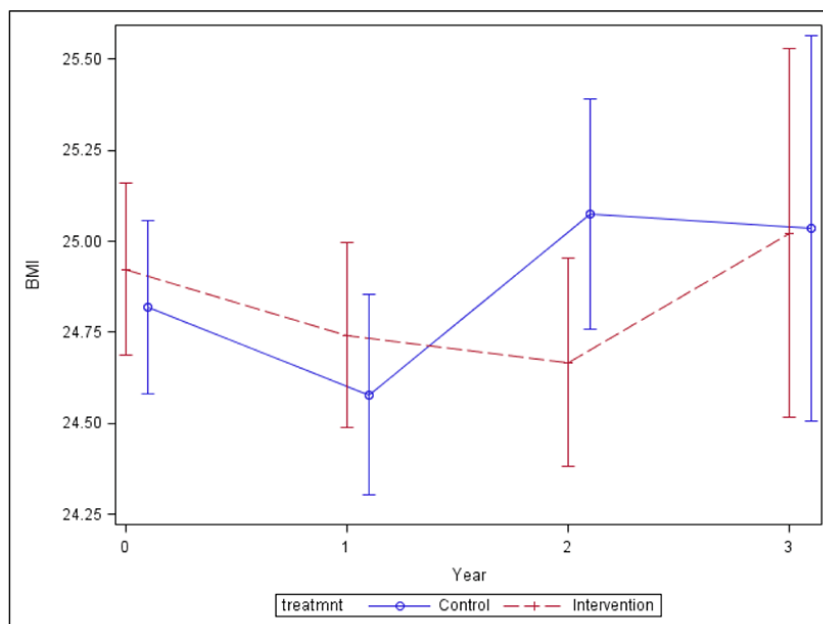
group meetings over a 24-month period. These sessions were held biweekly for the first 2 months and bimonthly for the next 22 months. Biweekly sessions focused on self-monitoring of energy intake and expenditure, and behavioral strategies for making modest changes in dietary intake and activity level. During the 11 bimonthly clinic-based meetings, participants received lessons on cognitive change strategies, stimulus control techniques, problem solving, goal setting, stress and time management, and relapse prevention. Women belonging to the control group received booklets containing information about the benefits of weight maintenance, low-fat eating, and regular physical activity.

About 70% of the women did not complete their scheduled assessments (Table 2). It was suspected that this was in part due to reasons related to their weight outcomes. Among women randomized to the intervention group in which treatment was provided over a 2-year period, 20% missed the weight assessments at year 1; 27% at year 2; and 63% at year 3 of the follow-up. For subjects in the control group, 19%, 22% and 66% missed the weight assessments at year 1, 2 and 3. The plot in Figure 1 indicates that at year 2, which is the end of the treatment, the intervention group exhibits a lower BMI than the control group. However the plot of Figure 2 indicates that at year 2, the probability of missingness in the intervention group is a little higher than that of the control group. If only the observed data are used, the conclusion that the intervention group has a smaller BMI at the end of the treatment (year 2) may be reached. But if the missing data mechanism is considered, what will the data tell us?

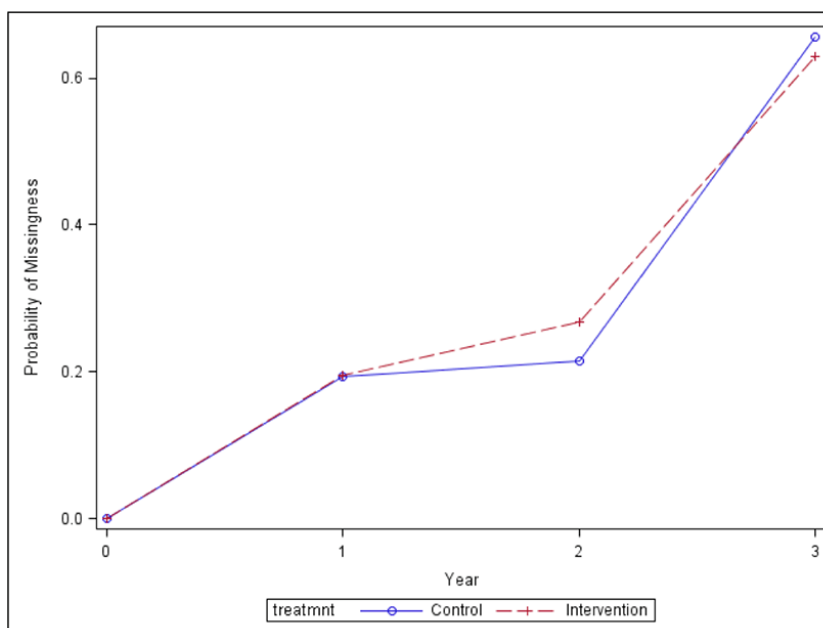
**Table 2.** Distribution of the missingness patterns for WPGW data.

Pattern	Baseline	Year 1	Year 2	Year 3	Frequency (%)
1	•	•	•	•	56 (29.5)
2	•	•	•	×	77 (40.5)
3	•	•	×	•	06 (03.2)
4	•	×	•	•	01 (00.5)
5	•	•	×	×	14 (07.4)
6	•	×	•	×	10 (05.3)
7	•	×	×	•	05 (02.6)
8	•	×	×	×	21 (11.1)

**Note:** •: observed; ×: missingness



**Figure 1.** Observed BMI mean (SE) across years for each treatment group



**Figure 2.** Probability of missingness across years for each treatment group

## LATENT VARIABLE MODEL IN OBESITY DATA

Let  $Y_{ij}$  denote the BMI measurement on the  $i^{\text{th}}$  patient at the  $j^{\text{th}}$  year in the trial,  $j = 0, 1, 2$  and  $3$ . Six explanatory variables are included as main effects in the analysis: treatment ( $Tx$ , intervention = 1 and control = 0), years in the trial ( $year$ ), patient age when enrolled ( $age$ ), dietary restraint ( $S3FS1$ , range from 0–21), disinhibition ( $S3FS2$ , range from 0–16), and perceived hunger ( $S3FS3$ , range from 0–14). Among them, dietary restraint, disinhibition and perceived hunger belong to Stunkard Three-Factor Eating Questionnaire, and they are included in the model as time-variant predictors, as is  $year$ . The linear random effects model for BMI is specified as

$$Y_{ij} = \beta_0 + \beta_1 year_j + \beta_2 year_j \times Tx_i + \beta_3 age_i + \beta_4 S3FS1_{ij} + \beta_5 S3FS2_{ij} + \beta_6 S3FS3_{ij} + W_{1i}(year_j),$$

where  $W_{1i}(year_j)$  is the random effect.

Similarly the missingness procedure is modelled with the logistic regression with random effect,  $W_{2i}(year_j)$ . Let  $\varphi_{ij} = \Pr(Y_{ij} \text{ is missing})$ ,

$$\log \frac{\varphi_{ij}}{1 - \varphi_{ij}} = \alpha_0 + \alpha_1 Tx_i + W_{2i}(year_j).$$

To choose the exact forms of  $W_{1i}$  and  $W_{2i}$ , Akaike's information criterion (AIC) (Akaike, 1981) and the Bayesian information criterion (BIC) (Schwartz, 1978) are used. The results are given in Table 3: because Model VII emerges with the smallest values of AIC and BIC, it is selected over the others, and also demonstrates the full complexity of  $(W_{1i}, W_{2i})^T$  given under the Latent Variable Model, earlier. In Model VII,  $W_{1i}(year_j) = U_{1i} + U_{2i} year_j$ . So  $W_{1i}(year_j)$  includes random effects for intercept and slope over time, where  $U_i = (U_{1i}, U_{2i})^T \sim N_2(0, \Sigma)$  and variance-covariance structure  $\Sigma = \begin{pmatrix} \Sigma_{11} & \Sigma_{12} \\ \Sigma_{12} & \Sigma_{22} \end{pmatrix}$ .

This structure of random effects allow that each subject has her own baseline BMI value and time trend of BMIs over years in the trial. And the random effects in the models of missingness procedure are chosen as  $W_{2i}(year_j) = r_1 U_{1i} + r_2 U_{2i} year_j + r_3 (U_{1i} + U_{2i} year_j)$ , where  $U_{1i}$  and  $U_{2i}$  are defined as before. In the following application results and interpretations, inferences will be based on these chosen random effect structures.

**Table 3.** Descriptive of model fit for different random effect structures for WGPW data.

Model	$W_{1i}$	$W_{2i}$	-2 log likelihood	AIC	BIC
I	0	0	2904.4	2936.4	3018.0
II	$U_{1i}$	0	2656.6	2657.6	2709.6
III	$U_{1i}$	$\gamma_1 U_{1i}$	2625.3	2657.3	2709.3
IV	$U_{1i} + U_{2i} year_j$	0	2595.9	2629.7	2679.8
V	$U_{1i} + U_{2i} year_j$	$\gamma_1 U_{1i}$	2595.7	2627.7	2679.6
VI	$U_{1i} + U_{2i} year_j$	$\gamma_1 U_{1i} + \gamma_2 U_{2i}$	2614.6	2656.6	2698.6
VII	$U_{1i} + U_{2i} year_j$	$\gamma_1 U_{1i} + \gamma_2 U_{2i} + \gamma_3 W_{1i}$	2534.7	2566.7	2618.6

### Model interpretation

Table 4 details the model estimates of treatment, time, age, dietary restraint, disinhibition and perceived hunger effects on the BMIs. In Table 5, the estimates in the missingness component of the joint model are compared to the analogous estimates from a random effects model, which ignores the BMI outcome, to address the effects of treatment on the missingness status. In both tables, the estimates for variance-covariance structure  $\Sigma$  under models for longitudinal responses and missing data procedure, separately and jointly, are discussed.

As shown in Table 4, the mixed model, under the assumption of missing at random, and the proposed joint model yield similar inference for significant effect of year, whereas the complete case analysis under the assumption of missing completely at random does not show any significant time effect. In the proposed model, age effect intends to be significant ( $p$  value = 0.074), although in the other two models, there is no such intention. Under all three models, dietary restraint and disinhibition show strong effects ( $p$  values < .0001). In Table 5, the association parameter in the proposed method,  $\gamma_3$ , is negative and significantly different from zero. It provides a strong evidence of association between the two sub-models of the proposed method, and indicates that the slope of observed BMI values is negatively associated with the missingness status, because of  $\lambda_2 = \gamma_2 + \gamma_3 < 0$  with  $\gamma_2 = 6.779$  and  $\gamma_3 = -26.94$  (Table 5). This may result from patients with larger BMI values having lower probabilities of dropping out, leaving their relatively larger BMI values in the trial.

### Comparisons with simulation results

The relationship between the proposed method and the mixed model in the application to the WGPW data is now checked, and compared with the patterns observed in the simulations. Table 4 reveals that the proposed method and the

## LATENT VARIABLE MODEL IN OBESITY DATA

mixed model yield similar between-subject effect estimates (age, dietary restraint, disinhibition and perceived hunger), but are different in the within-subject inference (year, and year  $\times$  treatment). As in the simulation results, the mixed model gives accurate inference in between-subject effect estimates but not in within-subject effect estimates. This congruence in the between-subject effect estimates, and difference in the within-subject effect estimates, provides evidence that the proposed method is a good choice for the WGPW data.

**Table 4.** Parameter estimates, estimated standard errors and  $p$ -values for modeling the outcomes, BMI.

Variable	CC analysis			Mixed Model			Latent Variable model		
	Estimate	SE	$p$ -value	Estimate	SE	$p$ -value	Estimate	SE	$p$ -value
<i>Intercept</i>	24.3000	2.1350	<0.0001	22.8200	1.1410	<0.0001	22.8400	1.1590	<0.0001
<i>Year</i>	0.0770	0.1400	0.5850	0.2030	0.0920	0.0290	0.1520	0.0750	0.0440
<i>Year <math>\times</math> Treatment</i>	-0.0240	0.1920	0.9030	-0.1630	0.1280	0.2020	-0.1240	0.1030	0.2300
<i>Age</i>	0.0370	0.0580	0.5250	0.0470	0.0300	0.1180	0.0550	0.0300	0.0740
<i>Dietary Restraint</i>	-0.2090	0.0370	<0.0001	-0.1200	0.0220	<0.0001	-0.1320	0.0240	<0.0001
<i>Disinhibition</i>	0.1650	0.0520	0.0030	0.1800	0.0320	<0.0001	0.1780	0.0330	<0.0001
<i>Perceived Hunger</i>	-0.0270	0.0450	0.5460	-0.0180	0.0300	0.5610	-0.0280	0.0320	0.3940
$\Sigma_{11}$	1.9480	0.2300	<0.0001	2.0180	0.1300	<0.0001	2.0490	0.1250	<0.0001
$\Sigma_{12}$	-0.0090	0.1120	0.9370	-0.0230	0.0750	0.7620	0.0040	0.0090	0.6720
$\Sigma_{22}$	0.4940	0.0940	<0.0001	0.5280	0.0690	<0.0001	0.0620	0.0410	0.1300
$\sigma_{\epsilon}^2$	0.9400	0.0720	<0.0001	0.8620	0.0500	<0.0001	1.0680	0.0460	<0.0001

**Table 5.** Parameter estimates, estimated standard errors and  $p$ -values for modeling the missingness status,  $R$ .

Variable	Separate Analysis			Latent Variable Model		
	Estimate	SE	$p$ -value	Estimate	SE	$p$ -value
<i>Intercept</i>	-1.0620	0.1350	<0.0001	-2.5910	0.3580	<0.0001
<i>Treatment</i>	0.0360	0.1800	0.8410	0.0700	0.3320	0.8320
$\gamma_1$	NA	NA	NA	27.0600	17.9600	0.2400
$\gamma_2$	NA	NA	NA	6.7790	5.7500	0.1360
$\gamma_3$	NA	NA	NA	-26.9400	17.9700	<0.0001

## Conclusion

A latent variable model was proposed to fit longitudinal data with informative intermittent missingness. The main idea is to jointly model the longitudinal process and missing data process via a latent zero-mean bivariate Gaussian

process on  $(W_1(t), W_2(t))^T$ , with correlation between  $W_1(t)$  and  $W_2(t)$ , inducing stochastic dependence between the longitudinal and missing data processes. An advantage of this method, compared with other existing methods for informative missing data problems, is its easy implementation. The models in this method can be easily fit after providing the likelihood functions. Thus it avoids the complexity of EM algorithm programming, facilitating use of this proposed method in practice. The specifications and selections of  $W_1(t)$  and  $W_2(t)$  can be implemented via AIC and BIC, and the method enables direct comparisons of different specifications.

In the proposed method, the latent variables are also used to induce conditional independence between the responses (both observed and missing) and missingness status, so that the standard likelihood techniques can be used to derive the estimates. This is a strong assumption and it cannot be tested with the available data. For this type of assumption, a sensitivity analysis is the way to investigate the model fit and departure of the assumption. Such an analysis has been attempted by comparing the proposed method with other alternative models in the true data and in simulations.

The proposed method is developed from the joint model proposed by Henderson et al. (2000) for longitudinal and survival processes. In the future, this method should be considered for extension into other applications, through different link functions (e.g. binary or ordinal data) or random effect structures other than zero-mean bivariate Gaussian distribution.

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## LATENT VARIABLE MODEL IN OBESITY DATA

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