9-19-2010


Nancy Lightbody
nlaopie@gmail.com

Recommended Citation
http://digitalcommons.wayne.edu/cpcs_cfp/33

This Book Review is brought to you for free and open access by the Peace and Justice Digital Resource Center at DigitalCommons@WayneState. It has been accepted for inclusion in Citizens for Peace by an authorized administrator of DigitalCommons@WayneState.
After some preliminary walks, Peace Pilgrim started walking in 1953. At the end of the first ten years she had walked over 25,000 miles and then stopped keeping track. Her mantra while walking was, 'Walk until given shelter. Fast until given food.' She was a vegetarian, felt that peace must start on the inside and talked to large and small groups wherever she went. Twenty-eight years were spent walking across the country with her message of peace until she passed away in 1981.

After her death, her thoughts were collected by followers and put into this book. It's suggested that you take one thought per day and think and journal about it during that day.

Her thought for the 65th day...

"I see hope in the tireless work of a few devoted souls; I see hope in the real desire for peace in the heart of humanity, even though the human family gropes toward peace blindly, not knowing the way."